CARROW ROAD

Vitality Day Delegate Package

2026-2027

Designed to keep delegates energised, focused and productive throughout the day with fresh ingredients, nutritious refreshments and protein-rich snacks

Vitality Day Delegate Package includes:

Venue Hire

Up to 8 hours

Refreshments

Unlimited tea, coffee
Decaffeinated options available
Selection of herbal and fruit teas
Fruit infused water

Morning Vitality Break

Homemade energy bars
Fresh fruit selection

Soup and Salad Lunch

Choose from a selection of salads featuring a variety of fresh, nutritious ingredients
Homemade soup of the day
Fresh fruit selection

Afternoon Vitality Break

Homemade banana bread
Fresh fruit selection

Audio Visual

Plasma screen(s)
Flipchart and pens
PA System and Microphones
Complimentary Wi-Fi

From £40.00 ex vat per person (minimum numbers apply)

Full allergen information is available on request.
Please note that our kitchens are not allergen free environments so cross contamination may occur.
All kcal listed are approximate per serving. Adults need around 2000 kcal per day.