



SALAD BOXES

**Please choose one meat and one vegetarian salad from the below options:
(These must be pre-ordered)**

MEAT OPTIONS

Coronation Chicken with Brown Rice Salad (GF, DFA) (349 kcal)

Roast Chicken Breast, Apricots, Sultanas, Toasted Almonds, Mayonnaise, Greek Yoghurt

Cobb Salad (GF, DFA) (246 kcal)

Roast Chicken Breast, Smoked Bacon, Avocado, Hard Boiled Egg, Gem Leaves, Blue Cheese Dressing

Italian Box (GF, DFA) (192 kcal)

Mortadella, Parma Ham, Mozzarella, Charred Artichoke, Radicchio

Beef Noodle Salad (GF, DF) (204 kcal)

Shredded Beef, Rice Noodles, Chinese Leaf, Cucumber, Radish

Tuna Niçoise (GF, DF) (367 kcal)

Tuna, Potato, Tomato, French Beans, Hard Boiled Egg, Anchovies

VEGETARIAN OPTIONS

Moroccan Couscous (V, VG, DF) (248 kcal)

Chickpeas, Apricots, Red Onion, Quinoa, Orange

Pasta Salad (V, VGA, DFA) (684 kcal)

Fusilli, Mozzarella, Tomato, Avocado, Basil

Cauliflower and Rice (V, VG, GF, DF) (249 kcal)

Tikka Roasted Cauliflower, Brown Rice, Dried Fruits, Coriander

V = Vegetarian, VG = Vegan, GF = Gluten Free, DF = Dairy Free

VA = Vegetarian Adaptable, VGA = Vegan Adaptable, GFA = Gluten Free Adaptable, DFA = Dairy Free Adaptable

Full allergen information is available on request.

Please note that our kitchens are not allergen free environments so cross contamination may occur.

All kcal listed are approximate per serving. Adults need around 2000 kcal per day.